Value logic

This worksheet is optional. If you'd rather do the check out loud with your child, that works just as well.

Name _____ **Date** _____

Part 1: Set up the practice

The task my child usually pushes back on:

_____

The time just before it starts, when there is a minute to talk:

_____

Part 2: The words to say

Before the task starts, I will ask:

"Before we start, tell me in your own words why this matters to you."

When my child stops, I will ask, "**Anything else?**"

If my child says "It doesn't" or "I don't know," I will try one or two of these and wait after each one:

- "What does doing this get you today?"
- "What does it keep from going wrong for you?"
- "Who does it help that you care about?"
- "What would make this worth doing for you, not just for me?"

If my child gives a reason that is far away, like "when I'm grown up," I will ask, "What about today?"

If no reason comes, I will say, "That's okay. We'll try again next time."

I will not give my own reason as if it were my child's.

Name _____ Date _____

Part 3: Track the check

Each day you practice, ask your child the check question right afterward, or later once everyone is calm: "Did you say your own reason before you started?" Circle your child's answer, then circle what you saw.

Day 1. My child's reason: _____

My child's answer:	○ Yes	○ Almost	○ Not yet
What I saw:	○ Yes	○ Almost	○ Not yet

Day 2. My child's reason: _____

My child's answer:	○ Yes	○ Almost	○ Not yet
What I saw:	○ Yes	○ Almost	○ Not yet

Day 3. My child's reason: _____

My child's answer:	○ Yes	○ Almost	○ Not yet
What I saw:	○ Yes	○ Almost	○ Not yet

Day 4. My child's reason: _____

My child's answer:	○ Yes	○ Almost	○ Not yet
What I saw:	○ Yes	○ Almost	○ Not yet

Day 5. My child's reason: _____

My child's answer:	○ Yes	○ Almost	○ Not yet
What I saw:	○ Yes	○ Almost	○ Not yet

When your child's answer matches yours for three days in a row, your child starts checking on their own, and you look in now and then. If things slip later, go back to checking together for a little while.

Remember
A finished week is the video plus one real practice. Repeating a week is normal.

This week's note

_____

_____

_____